

ROYAL COLLEGE OF COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Report on Kshudradhanya (Millet) Mela

Name of the event: Kshudradhanya (Millet) Mela

Date and Time: 04/04/2025

Venue: B Ed College – 4th Floor Corridor

No. Of Participants: FY B Ed – 13 and S Y B Ed -15 students

Coordinator: Dr. Jasvanti Adhangale

Objectives:

The primary objective of organizing the Millet Mela is to promote awareness regarding the nutritional value and health benefits of millets, while encouraging their integration into regular dietary practices. The event aims to revive traditional knowledge associated with indigenous millet varieties and to support local farmers and entrepreneurs by offering a platform for showcasing and marketing millet-based products. Furthermore, it seeks to educate the community on sustainable agricultural practices.

Key objectives of conducting a Millet Mela:

• Nutritional Awareness

To educate participants about the high nutritional value and health benefits of incorporating millets into their daily diet.

• Promotion of Indigenous Crops

To revive and promote traditional knowledge and the use of locally grown, climate-resilient millet varieties.

• Support for Local Farmers and Entrepreneurs

To provide a platform for local producers to showcase and market millet-based products, encouraging rural livelihoods.

• Education on Sustainable Agriculture

To raise awareness about environmentally sustainable farming practices through the promotion of millet cultivation.

Reflection:

Royal College of Education and Research for Women celebrated Millet Mela on 4th April, 2025, with the aim of promoting awareness about the nutritional benefits and cultural significance of millets. The event served as an engaging platform for students and faculty, to explore various millet-based products, traditional recipes, and sustainable agricultural practices. Through interactive stalls and informative displays, the Mela highlighted the importance of incorporating millets into our daily diet for better health and environmental sustainability. The enthusiastic participation and positive feedback reflected a growing interest in reviving indigenous food habits and supporting local farmers. Overall, the Millet Mela was a meaningful initiative that combined education and health.

Learning Outcomes:

• Increased Awareness of Millets

Participants gained knowledge about the nutritional value and health benefits of different types of millets.

• Revival of Traditional Knowledge

Students explored traditional millet recipes and uses, fostering appreciation for indigenous food culture.

• Entrepreneurial Exposure

The event provided insights into millet-based entrepreneurship and the potential for small-scale business opportunities.

• Collaborative and Organizational Skills

Students developed teamwork, planning, and event management skills through active involvement in organizing and executing the Mela.

Feedback:

• **Fatima:** The Millet Mela was an eye-opening experience. It effectively highlighted the health benefits of millets and their relevance in today's lifestyle.

- **Rafat:** It was a proud moment for me to see millets being recognized and appreciated. Events like this not only spread awareness but also motivate farmers like us to continue cultivating indigenous crops.
- **Asmita:** Participating in the Millet Mela helped me understand the importance of sustainable food choices. I also learned valuable organizational skills and enjoyed interacting with people while explaining our millet-based exhibits.

Glimpses of the Event:





Flyer

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NAAC Accredited 'B++' (First Cycle)

KSHUDRADHANIYA MELA



Kodrava

Priyangu

Shyamaka

"Savor the goodness of millets – nature's gift to health!"

Principal: Dr.Judy Grace Andrews
Coordinator: Dr.Prof Jasvanti Adhangale
Date: 4 th April,2025
Time: 9:30 am onwards