

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

REPORT ON VRIKSHA VATIKA ACTIVITY

NAME OF ACTIVITY: RAINBOW WALK: OBSERVATION AND APPRECIATION OF COLLEGE GARDEN

DATE: 25TH OCTOBER, 2023

VENUE: - ROYAL COLLEGE CAMPUS

TIME: 10:30 a.m to 3:30 p.m

NO. OF PARTICIPANTS IN THE ACTIVITY: 15

COORDINATOR:

ASSISTANT PROFESSOR: - MS MANDRITA MITRA

OBJECTIVES:

To foster a sense of responsibility towards the environment and encourage active participation in activities that contributes to greener and healthier surrounding.

To equip environmental awareness, teamwork, collaboration, leadership, empathy and social responsibility

To inculcate appreciation skill in students regarding nature.

LEARNING OUTCOMES:

The students develop deeper understanding of flora of college garden

The students widen their knowledge bout plant species and their importance.

The students develop appreciation skills towards nature.

Reflection: Participating in Vriksha Vatika activity and writing a report on it has been an enriching and eye-opening experience. During our visit to the college campus, we explored an array of planted species, they were accompanied by their common and scientific name. Medicinal plants were accompanied by their names along with their respective uses. The campus appeared lush and verdant because of the abundance of plants. While we were already aware of the significance of plants for oxygen production, delving into diverse applications shed light on their multifaceted importance. Additionally observing the butterfly house, bustling with various butterfly species, underscored the vital role plants play as habitats for these insects and other small creatures. This experience reinforced the pivotal role of plants in sustaining both human life and the environment. It was incredibly pleasant and educational experience for everyone involved. It allowed us to connect with nature in a profound way. The activity sparked our curiosity about environmental issues and sustainability. Through discussions and educational sessions organized as part of Vriksha Vatika, we gained a deeper understanding of challenges faced by our planet and the importance of taking action to address environmental issues.

It is rightly said: “In every walk with nature one receives far more than he seeks.”- John Muir

Feedback of the students:

Shakina- It was a great experience. And I learned a lot about plants.

Shabana- The session greatly expanded my understanding of mindfulness and gave me great knowledge about plants.

Manisha- Participating in Vriksha Vatika activity led to a realization of the crucial role plants play in the entire ecosystem.



