# REFLECTION ON COMMUNITY SERVICE AT SHREE NITYANAND ASHRAM

SAKSHI SONAWANE ROLL NO: 13









## ABOUT ASHRAM



Shree Nityanand Ashram, situated in Mira Road, Thane District, Maharashtra, is a sanctuary dedicated to the welfare of abandoned and homeless individuals. Established in 2009, it was founded by Rupesh Patil. and Operated by the Parash Dhyan Shikshan Prasarak Mandal, the ashram provides shelter, care, and support to those in need.

## WHY WE CHOSE ASHRAM FOR OUR COMMUNITY SERVICE

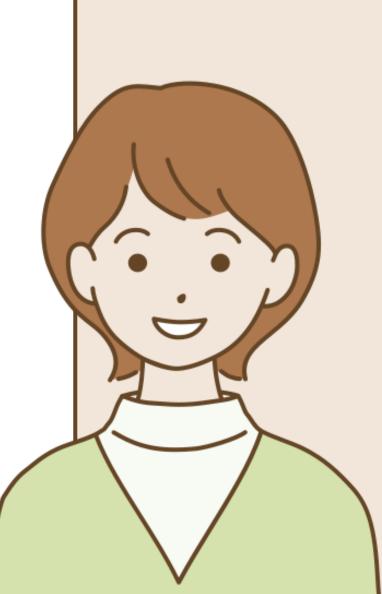
Learning Values and Ethics

Exposure to a Simple Lifestyle

Enhancing Leadership and Social Skills

Building a Sense of Responsibility

Personal Fulfillment



## ACTIVITIES WE CONDUCT



## ENGAGING WITH CHILDREN

Interact, Guidence, Mentoring, Educate, Enlighten, Cultivate love, Involved them, Inspire.



## **FOOD SERVING**

We help them in food serving.









## INTERACTION WITH RESIDENTS

Life Experiences, Communication, Support Emotional Well-being, Share Knowledge.





## SKILL DEVELOPMENT



Simplicity in Living, Self-Reflection, Adaptability.

#### Social Skills

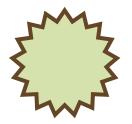
Empathy and Service, Community Engagement.

#### **Practical Skills**

Time Management, Gratitude.



## ROLE OF TEACHER



Modeling Selflessness Providing Guidance

Encouraging Self-Reflection

Offering Emotional Support Building Community Spirit

Inspiring Lifelong Service



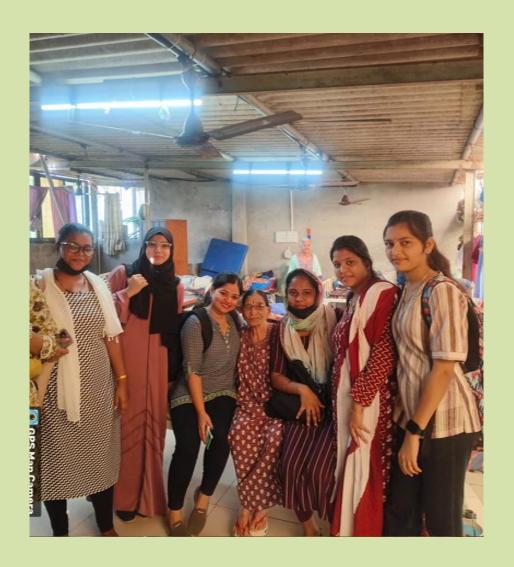
## REFLECTION

Visiting an ashram for community service was a meaningful and fulfilling experience. Such experiences provide opportunities for personal growth, fostering a sense of humility, compassion, and selflessness. Engaging in service within a community like this also promote mental clarity, peace, and a deeper connection to one's spiritual path. Overall, visiting an ashram for community service can be a transformative way to give back, learn, and connect with like-minded individuals.



## DAY 1 10/12/2024



















### DAY 2:11/12/2024

















## THANK YOU

