

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

REPORT ON ANNUAL SPORTS DAY

DATE: 22/2/2025

VENUE: College Ground and Sports Room

TIME: 7:30 AM TO 2:30 AM

NO. OF PARTICIPANTS: 27

OBJECTIVES:

1. To promote physical fitness and a healthy lifestyle.
2. To develop teamwork, leadership, and sportsmanship among students.
3. To enhance coordination, agility, and strategic thinking through various games.
4. To encourage participation and inclusivity in both indoor and outdoor sports.
5. To provide a fun and engaging break from academic activities.

SKILLS DEVELOPMENT

- Improved physical endurance, agility, and hand-eye coordination.
- Enhanced teamwork, strategic thinking, and decision-making skills.
- Fostered self-discipline, patience, and resilience.

COORDINATORS:

Dr. Jasvanti Adhangale

Ms. Shaista Shaikh

REFLECTION:

Sports Day was a resounding success, providing students with an opportunity to showcase their talents while promoting fitness and teamwork. The event not only built confidence but also reinforced the importance of sports in daily life. *Sports Day* was successfully organized under the leadership of Miss. Samreen and Miss. Anushree (In-charges) with the guidance of Shaista Ma'am

and Jasvanti Ma'am as coordinators. The event included a mix of outdoor and indoor games, ensuring participation from students with different interests and skills.

Outdoor Games:

- **Relay Race** – Testing speed, coordination, and teamwork.
- **Tug of War** – Promoting strength and unity among teams.
- **Marble and Spoon Race** – Enhancing balance and concentration.
- **Book Balance** – Focusing on posture and stability while walking with books on the head.
- **Kho-Kho** – A fast-paced team game requiring agility and quick thinking.

Indoor Games:

- **Carrom** – Encouraging precision and strategic thinking.
- **Dog and Bone** – Improving reflexes and decision-making skills.
- **Table Tennis** – Enhancing hand-eye coordination and speed.
- **Chess** – Boosting critical thinking and strategic planning.
- **Skipping** – Improving endurance and physical fitness.

The event saw enthusiastic participation, with students displaying their skills and competitive spirit. The prize distribution ceremony recognized the winners, while all participants were appreciated for their efforts.

Feedback of the Students:

1. **FATEMA:** The events were well-organized and showed great enthusiasm and teamwork.
2. **ANUSHREE:** I was impressed by the sportsmanship displayed by everyone.
3. **HENRIETTA:** I was thoroughly impressed by the organization and execution of the events. Everyone had a fantastic time.

Glimpses



March Past



Obstacle Race



Winners



Indoor Table Tennis Competition



Chess Competition



Certificate Distribution

Flyer

ROYAL COLLEGE OF EDUCATION & RESEARCH FOR WOMEN

NAAC Accredited 'B++' (1st Cycle)

Organises
SPORTS DAY
ON
22 February, 2025

Venue: Sports Ground, Royal College Campus

Time : 7:30 am Onwards

Principal
Dr. Judy Grace Andrews

Professor Incharge
Asst. Prof . Ms. Shaista Shaikh
Asst. Prof Dr. Jasvanti Adhangale

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Date: 13th February, 2025

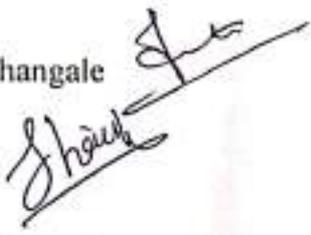
NOTICE FOR SPORTS DAY- 2024-25

All The students of F.Y.B.Ed. and S.Y.B.Ed. are hereby informed that Annual Sports Day will be held on 22nd February, 2025 at Royal College Campus. Kindly assemble at the Backside ground at 7:30 am sharp.

Sports Incharges:

Dr. Ms. Jasvanti Adhangale

Ms. Shaista Shaikh



Dr. Judy Grace Andrews

Principal

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

SPORTS DAY 2024-25

WINNER LIST OF HOUSE

	AROMATIC AIR	SPARKLING WATER	RADIANT SKY	EXOTIC EARTH	FLAMING FIRE
OUTDOOR GAMES					
1. OBSTACLES RACE				1 st = 5 PTS 3 rd = 2 PTS	2 nd = 3 PTS
2. BOOK BALANCE	3 rd = 2 PTS		1 st = 5 PTS 2 nd = 3 PTS		
3. MARBLE AND SPOON			2 nd = 3 PTS	1 st = 5 PTS	3 rd = 2 PTS
4. RELAY			1 st = 5 PTS	2 nd = 3 PTS	
5. THREE LEGGED RACE				2 nd = 3 PTS	1 st = 5 PTS
SUB TOTAL	2	0	16	18	10
INDOOR GAMES					
1. CHESS	2 nd = 3 PTS				1 st = 5 PTS
2. CARROM				3 rd = 2PTS	1 st = 5 PTS 2 nd = 3PTS
3. TABLE TENNIS			3 rd = 2 PTS		1 st = 5PTS 2 nd = 3PTS
4. SKIPPING	2 nd = 3 PTS		1 st = 5 PTS 3 rd = 2 PTS		
SUB TOTAL	6	0	9	2	21
TOTAL	8	0	25 (2ND)	20 (3RD)	31 (1ST)

Rudra
22/2/25

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

SPORTS DAY EVENT

DAY & DATE: Saturday, 22nd January, 2025

VENUE: Royal College Campus

TIME: 7:30 a.m. onwards

SR.NO	ACTIVITIES	TIME
	OPENING CEREMONY	
1.	WELCOME	1 min
2.	MARCH PAST	15 min
3.	OATH CEREMONY	2 min
4.	LIGHTING OF TORCH	2 min
5.	DECLARATION OF SPORTS OPEN	1 min
6.	SPORTS AND GAMES	
7.	OUTDOORS GAMES	
	OBSTACLES RACE	30 min
	BOOK BALANCE	30 min
	SKIPPING	30 min
	MARBLE AND SPOON	30 min
	RELAY	10 min
	TUG OF WAR	5 min
	BREAK	
8.	INDOORS GAMES	
	DOG AND BONE	25 min
	MUSICAL CHAIR	25 min
	CARROM	25 min
	CHESS	25 min
	TABLE TENNIS	25 min
9.	CLOSING CEREMONY	
10.	PRIZE DISTRIBUTION	15 min
11.	PRINCIPAL ADDRESS	2 min
12.	VOTE OF THANKS	2 min
13.	NATIONAL ANTHEM	1 min
	TOTAL	5 hrs approx.

Co-ordinator - Asst. Prof. Dr. Jasvanti Adhangale

Asst. Prof. Ms. Shaista Shaikh

J. A.
20/1/25

Shaista
20/1/25

[Signature]
Principal

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

2024-2025

Sports Day Participants List

Outdoor Games- Obstacle Race

Drinking Water

Roll.no	Name	Class	Sign
101	Nakhat Alam	S.Y.B.Ed	
106	Shabana Khan	S.Y.B.Ed	
111	Roshni Shaikh	S.Y.B.Ed	
11	Shahista Shaikh	F.Y.B.Ed	

Drinking Water

Roll.no	Name	Class	Sign
105	Riya Dwivedi	S.Y.B.Ed	
110	Mahaiwash Anam Shaikh	S.Y.B.Ed	
115	Kirti Yadav	S.Y.B.Ed	
05	Sadiya Khan	F.Y.B.Ed	
10	Rafat Shaikh	F.Y.B.Ed	

Roll.no	Name	Class	Sign
104	Anushree Dhuri	S.Y.B.Ed	
109	Henrietta Rebello	S.Y.B.Ed	
09	Asmita Patil	F.Y.B.Ed	
114	Manisha Vishwakarma	S.Y.B.Ed	

Roll.no	Name	Class	Sign
102	Shakina Chaudhary	S.Y.B.Ed	
107	Atiyya Mulani	S.Y.B.Ed	
112	Samreen Shaikh	S.Y.B.Ed	
02	Felishia D'souza	F.Y.B.Ed	
17	Shravani Lanjekar	F.Y.B.Ed	
2	Fatima Solkar	F.Y.B.Ed	

Flaming Fire

Sr.no	Roll.no	Name	Class	Sign
1	103	Amanda Chettiar	S.Y.B.Ed	
2	108	Fatema Ratlamwala →	S.Y.B.Ed	
3	113	Shifa Shaikh	S.Y.B.Ed	<i>Shifa</i>
4	03	Abhya Jain	F.Y.B.Ed	<i>Abhya</i>
5	08	Neomi Marti	F.Y.B.Ed	
6	13	Sakshi Sonawane	F.Y.B.Ed	<i>Sakshi</i>

GAME INCHARGE : PROF. MS SHAISTA SHAIKH

SIGNATURE:

Shaista

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE:

Jaswanti

PRINCIPAL

DR. JUDY GRACE ANDREWS



Judy
PRINCIPAL

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN
Royal College Campus, Penkar Pada,
Mira Road (E), Dist. Thane- 401 107.

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

2024-2025

Sports Day Participants List

Indoor Games- Dog And Bone

Sparkling Water

Sr.no	Roll.no	Name	Class	Sign
1	101	Nakhat Alam	S.Y.B.Ed	
2	106	Shabana Khan	S.Y.B.Ed	
4	01	Grace Dongarkar	F.Y.B.Ed	
5	11	Shahista Shaikh	F.Y.B.Ed	
	111	Roshni Shaikh	S.Y.B.Ed	

Radiant Sky

Sr.no	Roll.no	Name	Class	Sign
1	105	Riya Dwivedi	S.Y.B.Ed	
2	110	Mahaiwash Anam Shaikh	S.Y.B.Ed	
3	115	Kirti Yadav	S.Y.B.Ed	
4	05	Sadiya Khan	F.Y.B.Ed	
5	10	Rafat Shaikh	F.Y.B.Ed	

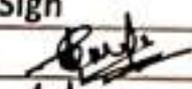
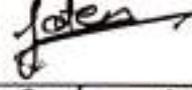
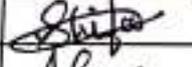
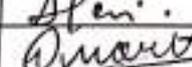
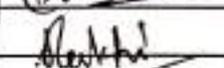
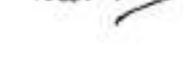
Exotic Earth

Sr.no	Roll.no	Name	Class	Sign
1	104	Anushree Dhuri	S.Y.B.Ed	
2	109	Henrietta Rebello	S.Y.B.Ed	
3	114	Manisha Vishwakarma	S.Y.B.Ed	
4	04	Isha Jaiswal	F.Y.B.Ed	
5	09	Asmita Patil	F.Y.B.Ed	

Aromatic Air

Sr.no	Roll.no	Name	Class	Sign
1	102	Shakina Chaudhary	S.Y.B.Ed	
3	112	Samreen Shaikh	S.Y.B.Ed	
4	02	Felishia D'souza	F.Y.B.Ed	
6	12	Fatima Solkar	F.Y.B.Ed	

Flaming Fire

Sr.no	Roll.no	Name	Class	Sign
1	103	Amanda Chettiar	S.Y.B.Ed	
2	108	Fatema Ratlamwala	S.Y.B.Ed	
3	113	Shifa Shaikh	S.Y.B.Ed	
4	03	Abhya Jain	F.Y.B.Ed	
5	08	Neomi Marti	F.Y.B.Ed	
6	13	Sakshi Sonawane	F.Y.B.Ed	

GAME INCHARGE : PROF. MS SHAISTA SHAIKH
SIGNATURE: 

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE: 



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DR. JUDY GRACE ANDREWS


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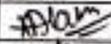
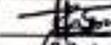
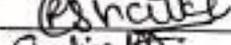
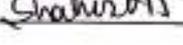
ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

2024-2025

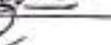
Sports Day Participants List

Outdoor Games- 'Skipping

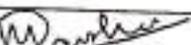
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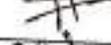
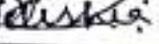
Radiant Sky

Sr.no	Roll.no	Name	Class	Sign
1	105	Riya Dwivedi	S.Y.B.Ed	
2	110	MahaiwashAnam Shaikh	S.Y.B.Ed	
3	115	Kirti Yadav	S.Y.B.Ed	
4	05	Sadiya Khan	F.Y.B.Ed	
5	10	Rafat Shaikh	F.Y.B.Ed	

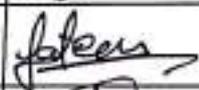
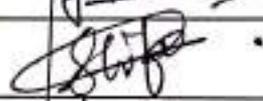
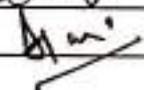
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2	109	Henrietta Rebello	S.Y.B.Ed	
3	114	Manisha Vishwakarma	S.Y.B.Ed	
4	09	Asmita Patil	F.Y.B.Ed	

Aromatic Air

Sr.no	Roll.no	Name	Class	Sign
1	102	Shakina Chaudhary	S.Y.B.Ed	
2	107	Atiyya Mulani	S.Y.B.Ed	
3	02	Felishia D'souza	F.Y.B.Ed	
4	07	Shravani Lanjekar	F.Y.B.Ed	
5	12	Fatima Solkar	F.Y.B.Ed	

Flaming Fire

Sr.no	Roll.no	Name	Class	Sign
1	108	Fatema Ratlamwala	S.Y.B.Ed	
2	113	Shifa Shaikh	S.Y.B.Ed	
3	03	Abhya Jain	F.Y.B.Ed	

GAME INCHARGE : PROF. MS SONALCHAVAN

SIGNATURE:



SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE:



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ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Sports Day 2024-2025

Outdoor Game- Skipping

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Riya Divedi	105	S4	Radiant sky	1 st		
Shawani Lanjekar	07	F4	Aromatic Aise	2 nd		
Maharishish Shaikh	110	S4	Radiant sky	3 rd		

GAME INCHARGE : PROF. MS. SONAL CHAVAN

SIGNATURE:

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE:

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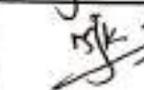
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Sports Day 2024-2025

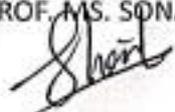
Outdoor Game- Book Balancing

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Rafat Shaikh	10	F4	Radiant Sky	1 st		
Riya Divivedi	105	S4	Radiant sky	2 nd		
Fatema(F4) Solkar	12	F4	Aeromadic	3 rd		
Shakina(S4) Chaudhary	102	S4	Ave			

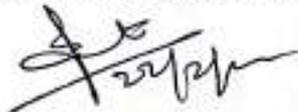
GAME INCHARGE :PROF. MS. SONAL CHAVAN

SIGNATURE:



SPORTS INCHARGE : DR. JASWANTI ADHANGALE

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Sports Day 2024-2025

Outdoor Game- Marble & Spoon

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Asmita. Patil	209	1 st F.Y	Exotic Earth.	1 st		
Kirti Yadav	115	2 nd SY	Radiant Sky	2 nd		
Fatema. Ratlamwadi.	108	2 nd SY	Flaming Fire.	3 rd		

GAME INCHARGE : PROF. MS MANDRITA MITRA

SIGNATURE:

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE:

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ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Sports Day 2024-2025

Indoor Game- Table Tennis

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Fatema Rattannuwa	108	24	Flaming Fire	1st		
Shifer Shekha	113	24	Flaming Fire	2nd		
Mahaiwash Shaiikh	110	24	Radiant Sky	3rd		

GAME INCHARGE :PROF. MS MANDRITA MITRA

SIGNATURE:

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

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DR.JUDY GRACE ANDREWS



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ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Sports Day 2024-2025

Outdoor Game- Relay Race

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Riya Dwivedi	105	2 nd yr	Radiant sky	1	ngk.	
Mahaishah Anam Shaikh	110	2 nd yr		1		
Kirti Yadav	115	2 nd yr		1		
Rafat Shaikh	10	1 st yr		1		
Anushree Dhuni	104	2 nd yr	Exotic Earth	2	maslo	
Hensietta Rebello	109	2 nd yr		2		
Manjhe Vishwakarm	114	2 nd yr		2		
Asmita Patil	09	1 st yr		2		

GAME INCHARGE : PROF. MS MANDRITA MITRA

SIGNATURE: *Mandrita Mitra*

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE: *Jaswanti Adhangale*



PRINCIPAL
DR. JUDY GRACE ANDREWS

Judy
PRINCIPAL
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ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Sports Day 2024-2025

Indoor Game- Carrom

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Amanda Chettiar	103	2nd yr	flaming fire	1		
Fatema Ratlamwala	108	2nd yr		1		
Shifa Shaikh	113	2nd yr		2		
Sakshi Sanewane	13	1st yr		2		
Amshree Dhuri	104	2nd yr	Exotic Earth	3		
Fleneri etba Reballo	109	2nd yr		3		

GAME INCHARGE : PROF. MS MANDRITA MITRA

SIGNATURE:

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE:

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ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Sports Day 2024-2025

Outdoor Game- Tug of war

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Nahat Alam	101	S.Y	Sparkling water	2 year	<u>ngk</u>	<u>ngk</u>
Shakina Chaudhary	102	S.Y	Aromatic Air	1 st	<u>ngk</u>	<u>ngk</u>
Anushree Dhuri	104	S.Y	Earthy earth		<u>ngk</u>	<u>ngk</u>
Riya Divedi	105	S.Y	Radiant Sky		<u>ngk</u>	<u>ngk</u>
Shabana Shaikh	106	S.Y	Sparkling water		<u>ngk</u>	<u>ngk</u>
Fatima Kadamwala	108	S.Y	Flaming Fire		<u>ngk</u>	ng
Henrietta Rebello	109	S.Y	Earthy earth		<u>ngk</u>	
Maharash Anam	110	S.Y	Radiant Sky		<u>ngk</u>	
Shifa Shaikh	113	S.Y	Flaming Fire		<u>ngk</u>	
Kirti Yadav	115	S.Y	Radiant Sky		<u>ngk</u>	

GAME INCHARGE : PROF. MS MANDRITA MITRA

SIGNATURE: Mandrita Mitra

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE: Jaswanti Adhangale

PRINCIPAL

DR. JUDY GRACE ANDREWS



Judy
PRINCIPAL

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN
Royal College Campus, Penkar Pada,
Mira Road (E), Dist. Thane- 401 107.

ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Sports Day 2024-2025

Indoor Game- Chess

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Fatima Ratlamwala	108	Sy	Flaming Fire	1 st		
Felisha D'souza	2	Fy	dramatic star	2 nd		

GAME INCHARGE : PROF. MS MANDRITA MITRA

SIGNATURE:

SPORTS INCHARGE : DR. JASWANTHA ADHINGALE

SIGNATURE:



PRINCIPAL

DR. JUDY GRACE ANDREWS

PRINCIPAL

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ROYAL COLLEGE OF EDUCATION AND RESEARCH FOR WOMEN

Sports Day 2024-2025

Outdoor Game-Three legged Race

Winner List

Name	Roll.no	Year	House	Position	House Leader's Sign	House Mentor's Sign
Ghifa Shaikh	113	2023-2025	Flaming Fire	1st		
Sakshi Sonamane	13	2024-2026	Flaming Fire	1st		
Maisha Vishwakarma	114	2023-2025	Exotic Earth	2nd		
Arunika Patel	09	2024-2026	Exotic Earth	2nd		

GAME INCHARGE : COUNCIL MEMEBER

SIGNATURE:

SPORTS INCHARGE : DR. JASWANTI ADHANGALE

SIGNATURE:

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