

Royal College of Education and Research for Women

Report on Lippan art and Pouch Painting

Date: 03/05/2025

Venue: Multi purpose Hall

Time: 10:00 am to 1:00 pm

No. of Participants: 16

Principal: Dr. Judy Grace Andrews

Co-ordinator: Prof (Ms). Sonal Chavan

Objectives:

The primary objectives of organizing the Lippan Art and Pouch Painting workshop are as follows:

1. To enhance the creativity and artistic expression of student-teachers through experiential learning with both traditional and modern art forms.
2. To create awareness about mental health through arts.
3. To foster appreciation for Indian cultural heritage by engaging students in indigenous crafts such as Lippan art from Kutch and eco-friendly pouch painting.
4. To develop essential skills such as fine motor coordination, patience, and concentration, which are valuable in both art and educational contexts.
5. To enhance Vocational skills.
6. To introduce innovative teaching methodologies by integrating visual arts into pedagogy, thereby enriching the classroom experience.
7. To promote sustainable practices and environmental consciousness through the use of reusable and natural materials in creative activities.

Skill Development:

Royal College of Education and Research for Women organises the workshop on Lippan Art and Pouch Painting in collaboration with pedilite contributed significantly to skill development among the students. It enhanced our creative thinking, fine motor skills, and aesthetic sense through detailed and hands-on artistic work. We learned to express ideas visually, practiced patience and attention to detail, and explored the integration of art into educational settings. Additionally, the experience helped us build confidence in using art as a teaching tool, encouraging innovative and engaging classroom practices.

Reflection:

The Royal College of Education and Research for Women under its Mental Health and Awareness program, in collaboration with Pidilite organized Pidilite Workshop on Lippan Art and Pouch Painting. The aim of the workshop was to foster awareness about mental stress and promoting emotional well-being among the students. The workshop was conducted by Ms. Urwashi Ganger, it provided a therapeutic space where participants could engage in creative expression and mindfulness through art. The intricate patterns of Lippan art and the personalized touch in pouch painting offered a calming and joyful experience, helping to relieve stress and enhance focus. This initiative not only nurtured our artistic skills but also emphasized the importance of incorporating such creative practices into our future teaching to support students' mental and emotional health. It was a refreshing and inspiring experience that highlighted how art can be a powerful tool for stress relief and personal growth.

Learning Outcomes:

- Enhanced creativity and fine motor skills through hands-on experience in Lippan art and pouch painting.
- Gained awareness of the therapeutic benefits of art in reducing mental stress and promoting emotional well-being.
- Learned how to integrate traditional art forms into educational practices to create an engaging and holistic learning environment.

Feedback:

1. **Sakshi:** The workshop was a refreshing break from routine and helped me relieve stress while exploring my creativity through beautiful art forms like Lippan and pouch painting.
2. **Sadiya:** It was a wonderful learning experience that not only improved my artistic skills but also showed me how art can be used as an effective tool for classroom engagement and mental wellness.

Photographs:

Lippan Art: Fyler



Pouch Painting:



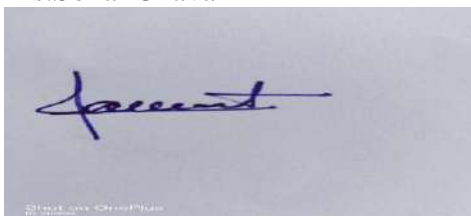


Final Products:



Incharge:

Ms.Sonal Chavan



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